



THE SOUTHERN AFRICAN TRIANGLE

...3 countries, 3 projects, 6 weeks ...

You will participate in three separate 2 week volunteering projects in three of our project locations:

Knysna or Port Elizabeth (South Africa), Livingstone (Zambia) and Victoria Falls (Zimbabwe).

You don't need any qualifications or previous experience to participate in these voluntary projects



WHAT DO YOU GET?

- A fully packed, exciting and varied experience of an incredible continent
- Experience three incredible locations during a compact tour of the region
- **You choose** your preferred voluntary projects – get involved and make a difference
- Excellent organisers, brimming with local knowledge and know how
- Meet other volunteers for a social, lively experience
- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- Secure and professional support and backup is provided throughout your placement, 24 hours a day



SUMMARY FACTFILE

Start Dates	All year round (subject to school term times). Please liaise with the Project Co-ordinator about available dates.
Duration	6 weeks.
Requirements	Minimum age 17, no qualifications necessary (just a good dose of enthusiasm!).
Price	£2,495. Full Price List
What's included	▶ Accommodation ▶ Food (In South Africa and Zimbabwe, not in Zambia) ▶ Meeting you at the Airport in each destination ▶ Transfer to your accommodation ▶ Transport to and from your project ▶ Full pre-departure support ▶ Local in-country team support and backup ▶ 24-hr emergency support ▶ 2 free T-Shirts.
What's not included	▶ Flights ▶ Insurance ▶ Transfers between the destinations ▶ Food (In Zambia) ▶ Return transfer for the airport ▶ Optional Extra Activities ▶ Optional Sightseeing Tours, Any Necessary Visas
Who apply?	All projects are open to all nationalities. Unless otherwise stated, you need to be aged between 17 & 70+

PROGRAMME OVERVIEW:

This compact Southern African Experience is designed to offer you a varied and insightful volunteering, cultural and travel experience through three of Southern Africa's most appealing destinations: South Africa, Zambia & Zimbabwe.

In South Africa, travel the gorgeous Western Cape Route, home of the majestic Outeniqua Mountain. Then experience Zambia and Zimbabwe from either side of the awe inspiring Victoria Falls... in Livingstone, Zambia, and at Zimbabwe's Lion Breeding Project, where you can really walk with Lions!

This really is a unique experience. With a selection of voluntary work projects to choose from, as well as additional cultural courses available to you in each city, we've done all the hard work! All *you* have to do is handpick your perfect itinerary... This experience can also be offered in the opposite 'direction' if this fits in better with your travel plans.

YOUR JOURNEY THROUGH SOUTHERN AFRICA:

South Africa – Garden Route: 2 weeks

You will fly first into George or Port Elizabeth in South Africa, where you will begin your journey through Africa! Here you will be met at the airport by our friendly, lively organisers and settled in to your accommodation.

Knysna is a vibrant town, buzzing with creativity and energy, and the pulse of good music. It's a place where you can enjoy the mellow atmosphere of street cafes, watching the world go by. The main street is very leafy with trees along the pavements and it has a wonderful holiday atmosphere with sun umbrellas everywhere.

Port Elizabeth, given the title of the 'Friendly City' by locals, (or simply 'PE') is a major tourist attraction. Lying alongside Algoa Bay on the south eastern coast, PE has a stunning shoreline and longer hours of sunshine than anywhere else in South Africa. With water sports galore, PE is a beach lover's paradise!

Volunteer projects available on the Garden Route:

- **Teaching English:** You'll normally begin your placement by assisting the teachers but, depending on your ability, you may progress on to being given complete control of a particular class or group. You'll receive a lot of help and support from the teachers and staff at the schools, but you should be prepared to use your own initiative and ask when you need something. The average **class size** ranges from 15 to a manageable 40.
- **Coaching Sports:** You can coach a variety of sports, such as Cricket, Football, Netball and Rugby. Although facilities are basic, there is still a lot that you can do. The average class size is between 15 and 40. As sports lessons are run in conjunction with life orientation classes it is difficult to say how often you will be able to coach sports, therefore please note that you will not be guaranteed full time sports coaching on this particular project.
- **Street Kids Project:** Your work on this project combines many aspects that all help to provide a caring environment where guidance and assessment is offered to children living on the streets and children at risk. You will be working at a Youth Centre, helping out with anything from basic schooling such as helping them to read or write, to community projects and life skills lessons etc. The whole purpose of this is to get them ready to be taken back into the mainstream schooling and domestic home life again.



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- **Animal Sanctuary Project:** This project is a very caring sanctuary set in a small private game reserve in the Eastern Cape. It is a very popular and worthwhile placement where your work and help is desperately needed. You'll assist in hand-rearing, feeding and generally looking after many different animal species, including about 150 different species of birds, most of which you will never have seen before.

Zambia – Livingstone: 2 weeks

You will then fly to Livingstone where you will be met at the airport by our friendly organiser who will take you to your accommodation and will give you an induction and orientation to Zambia.

Travellers' Projects are located in the quaint town of Livingstone, close to the incredible Victoria Falls. You'll have plenty of opportunities to participate in the multitude of activities that surround the Falls. Livingstone is, without a doubt, the adrenaline capital of Zambia. In fact, the Victoria Falls region is probably one of the biggest hot spots on the continent. Whether you want to throw yourself off a cliff or brave some of the best rapids on the planet, this is definitely the place to be! Big game, big water, big rush and big fun!

Volunteer projects available in Livingstone:

- **Teach English & other subjects:** The schools we work with, although private, are very poor schools that need as much support from volunteers as possible. You may be asked to teach anything from English to Maths and Sports to children aged between 2 and 16 years.
- **Coach Sports:** You'll coach underprivileged children in poor schools. Travellers teamed up with the Ministry for Youth and Sport to establish a programme that enables enthusiastic sports volunteers an opportunity to coach a big variety of sports in one place, including Basketball, Cricket, Football, Netball, Rugby, Volleyball.



Zimbabwe – Victoria Falls: 2 weeks

You will then take a taxi over the border to Victoria Falls where you will be met by one of the project managers. They will then take you to your accommodation and will give you an induction and orientation to Zimbabwe.

The exciting viewing of Victoria Falls" Thundering smoke" - that's what the local people of Zimbabwe call Victoria Falls. At the end of the rainy season, the immense amount of water thundering over the edge of the Falls literally forms an enormous cloud of thin spraying mist. You're absolutely drenched long before you reach the Falls themselves. The **sound** of thundering water falling over the 2 km wide Falls is overwhelming and can be heard from up to 25 miles away at times.

The walk to and from the Falls is an amazing experience in itself. It is surrounded by jungle and you can spot wild game such as waterbuck through the leaves. If you find a quiet spot to sit and view the Falls and absorb the beautiful surroundings, you feel totally at one with Nature - both dwarfed and overwhelmed and at the same time powerfully inspired - it's a wonderful feeling!

The only project available here is...

- **Walking with Lions:** Your primary task whilst on placement will be to assist management and the team of guides, handlers and scouts in all aspects of care for the lions in their charge; giving them the opportunities to develop their natural instincts in preparation for their release into the next stage of the program.

You will also help with various community programs that may include conservation or health education as



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well as a number of other projects that you will be told about on arrival.

To give you an idea of how your time will be split between the different aspects of the program, the following should be taken as an approximation:

- 75% Lion Rehabilitation & Release into the Wild Program
- 20% Conservation work within the National Park
- 5% Conservation Education & Community Development

ACCOMMODATION & FOOD:

Garden Route, South Africa: In Knysna you will live in our volunteer house with other Travellers volunteers. You may either have your own room or will share a room with one or more other Travellers volunteers. It will depend on how many people are there at the same time that you are. This is a comfortable house with good facilities and a beautiful view of Knysna Lagoon. You will be provided with a food budget, so that you can buy your own groceries and cook and prepare your own meals at the house, this makes for a great social event.

Livingstone, Zambia: You will be accommodated in a small, modern, and lively hostel situated in the centre of Livingstone. The hostel has a very large private garden shaded with huge mango trees, and a crystal clear swimming pool. It also has a lively, sociable bar area where many activities are arranged.

You will be required to share a room with other volunteers and travellers and are likely to share a room with people of mixed sex.

There are plenty of opportunities to socialise with other volunteers and travellers.

Food is not included in Zambia, however you can choose to eat in at the accommodation or buy your own groceries to cook and prepare your own meals.

Victoria Falls, Zimbabwe: You will be staying in the quaint volunteer lodge with your fellow participants. There are 3/4 twin rooms per lodge which you will be sharing with other volunteers. There is a toilet, shower and bath in the lodge but just a short stroll down the path at the rest camp are about 10 showers and toilets which volunteers are welcome to use.

The quality and standard of the food is very good. Breakfasts and lunches will be enjoyed out at the park (where the lions are based) and you can relax with a warm dinner back in town at the rest camp when you return at the end of the working day.



VISAS:

Visas are required for Zambia and Zimbabwe. We will liaise with you about your visa requirements, and make the visa process very easy.

FLIGHTS:

You have the option to arrange your own flights or we can assist you with your flight arrangements. If you would like us to do this for you, we will liaise with you regarding available flights and dates to suit you. All arrangements for your flight bookings/payments will be fulfilled by [Murray Rogers Travel Limited](#), ATOL No. 6856.

INDUCTION ON ARRIVAL:

When you arrive in the country, you will be welcomed at the airport by a Project Manager, who will take you to your accommodation. During your first few days you will be given an induction so that you can learn about the country and its culture and other useful information.

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COSTS:

Please see the prices pages of our website [Full Price List](#). The price of this project is a reflection of the following costs:

- ✓ Accommodation throughout the 6 weeks
- ✓ Food (except Zambia only)
- ✓ Airport collection / met at the border on arrival in each destination
- ✓ Transport to and from your project each day
- ✓ Local in-country team support and backup
- ✓ 24hr emergency helpline
- ✓ Full pre-departure support
- ✓ UK administration
- ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ Donations to worthwhile projects

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

For every volunteer, a donation is made by Travellers on your behalf into the [Bridge The Gap Foundation](#). This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

COUNTRY PROFILES:

South Africa: South Africans are the friendliest and most hospitable people in the world - without a doubt! If you're invited to dinner ... don't eat for a week beforehand because you'll be overfed, especially if it's a barbecue. Wine is cheap and good. The salads are to die for.

Cape Town at the risk of upsetting other cities, this is the most beautiful city in the country, if not the world. It has been voted the world's third most popular holiday destination ... and it is worthy of that title.

The Western Cape region includes Knysna, George and Plettenberg bay. These small towns lie on the world-famous Garden Route and are conveniently placed halfway between Cape Town and Port Elizabeth.

KwaZulu-Natal (KZN) is home of some of the most stunning Game Reserves in the world. This is glorious country, exotic, tropical, at once arid and unbelievably lush.

Port Elizabeth is given the title of the 'Friendly City' by locals, Port Elizabeth (or simply 'PE') is a major tourist attraction. Lying alongside Algoa Bay on the south eastern coast, PE has a stunning shoreline and longer hours of sunshine than anywhere else in South Africa. With water sports galore, PE is a beach lover's paradise!

The Cape Peninsula has a Mediterranean climate with well-defined seasons. Summer temperatures are mild, with an average maximum of about 26°C (79°F). Winter lasts from May to September. The months are cool, with an average minimum temperature of 7°C (45°F). Most of the city's annual rainfall occurs in wintertime, but due to the mountainous topography of the city, rainfall amounts for certain areas can vary dramatically. The Peninsula gets frequent strong South-Easterly winds, locally known as the 'Cape Doctor', because it blows away pollution and cleans the air!

Zambia: Until recently, Zambia has been overlooked by tourists, which was a pity because it has so much to offer tourists. Recently, however, the country has been gaining a reputation for being one of the greatest destinations to go to for a unique experience. On entering the country, you're instantly welcomed by generous locals and friendly faces. This will continue throughout your stay, either from a dozen school children running to greet you or a park ranger as he swerves the vehicle to get a better view of a lion! Zambia has such a diversity of activities and attractions that it is impossible to see everything unless you are there for a good amount of time.

This magnificent country in the heart of Africa is a haven for wildlife and has some spectacular scenery and natural wonders. It is fast developing into a must-see destination.



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The general height of the land gives Zambia a more pleasant climate than that experienced in most tropical countries. There are three seasons - cool and dry from May to August, hot and dry from September to November, warm and wet from December to April

Zimbabwe: Previously known as Rhodesia, Zimbabwe lies between two great African rivers, the mighty Zambezi River in the north, and the Limpopo River in the south. Covering an area of about 375,830 square kilometres, it is best known by tourists for the Victoria Falls, a great waterfall much larger than Niagara Falls.

Zimbabwe as a tourist destination is once again increasing in popularity with lots of overseas tourists as well as thousands of African tourists flocking there each year. It's a very popular stop-off point for 'overlanders' doing trips through Africa in safari-type trucks. The capital, Harare, is modern, bright and bustling, but my favourite city is Bulawayo, where the people are particularly friendly and the atmosphere is typically laid-back African.

Temperatures range from 25-30°C in the summer, with October being the hottest month, to 15 - 20°C in the winter. Winter days are generally dry and sunny, but night-time temperatures can be very cold and can sometimes drop below freezing. The rainy season is from November to March.

THINGS TO DO IN: SOUTH AFRICA

In **Cape Town** and surrounding regions, you're spoilt for choice! There are too many to mention, but here are just a few favourites:

- **Table Mountain:** Climb or take the cable car up the majestic Mountain for panoramic views of the city.
- **Cape Point Nature Reserve** is a great place to visit to see the Atlantic and Indian Oceans meet.
- **Robben Island** is where SA ex-president, **Nelson Mandela**, was imprisoned for 27 years is a ferry boat ride away.
- **Extreme Sports:** Abseiling, sandboarding, scuba-diving and mountain biking, Cape Town has it all for the adrenalin junkies.
- **Wine Tasting in Stellenbosch**, home of South Africa's favourite and award winning vineyards. It's also outstandingly beautiful.

In the **Cape**, around the **Knysna area**, there's an amazing choice - these are just some of them:

- **The Garden Route**, possibly the most beautiful stretch of coastline in the world.
- **The Cango Caves**, a truly awesome cave system and a must on your sightseeing list.
- **Whale Watching** in Plettenberg Bay and the Whale Crier of Hermanus.
- **The Old Slave Tree**, a 186 year old oak tree with a chain embedded in its trunk - a reminder of a history best forgotten.
- **The Crocodile breeding farm.**
- **Victoria Bay** and **Herold's Bay**, renowned for surfing, bathing and fishing.

In **KwaZulu-Natal** (known as KZN for short), you're surrounded by

- **Big Five game parks** (elephant, lion, leopard, buffalo, rhino) - Umfolozi-Hluhluwe, Phinda, Tembe, Pongola, Mkuzi.
- **St Lucia** is beautiful with its Crocodile Centre and Wetlands.
- **Numerous nature parks.**
- **Fantastic Beaches** for swimming and diving.
- **Durban** a lively city where South Africans go to have fun.
- **The San Art park** for a collection of astounding rock paintings.

THINGS TO DO IN: ZAMBIA & ZIMBABWE

- **The exciting viewing of Victoria Falls** "Thundering smoke" - that's what the local people of Zimbabwe call Victoria Falls. At the end of the rainy season, the immense amount of water thundering over the edge of the

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Falls literally forms an enormous cloud of thin spraying mist. You're absolutely drenched long before you reach the Falls themselves.

- **Extreme activities** at Victoria Falls, including bungee jumping, small plane flights over the Falls, and raft trips to the Boiling Pot at the base of the Falls where the water cascades down into the river. Victoria Falls is also the centre for some of the best safari and adventure opportunities in Africa. Canoe and kayaking safaris are available, offering one of the most exciting and memorable ways to experience both the Zambezi and the abundant game of Zambezi National Park.
- **Mosi-oa-Tunya National Park** covers an area of 66 square kilometers and is located in the southern province of Zambia near Livingstone town. It is home to the magnificent Victoria Falls and a wide variety of African wildlife, such as giraffe, white rhino, elephant, buffalo, impala, puku and warthog. The most frequently seen mammals include baboon and vervet monkeys.
- **The Matopos National Park** Less than an hour's drive from Bulawayo is the ancient Matopos Hills, granite outcrops in Matopos National Park. As you leave the city, you begin to see outcrops of granite. These increase in number and size so that by the time you enter the Park, you're surrounded by a dramatic and enveloping scenery that is unique and extraordinary.

WHY GO WITH TRAVELLERS WORLDWIDE?

- Professional work experience placements
- 15 years' experience sending thousands of participants overseas, plus the largest variety of **flexible projects** that are **value for money!**
- Excellent support - second to none in the industry
- Accredited projects helps **appeal to future employers**
- Your own dedicated Project Co-ordinator to answer all questions prior to, during and after your **trip of a lifetime!**
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our **EXTRANET, available from anywhere, 24/7.**
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport .

VOLUNTEER FEEDBACK:

"Scenically Knysna, or in fact South Africa, is outstanding. Around every corner you would be met by a postcard image. Even in this winter season, the weather was great, sunny and warm. Because the pollution is at a much lower level in Knysna than back home, the sunsets and stars at night were so much more spectacular!!"

Anuji Chahal

"We plan on going to Victoria Falls tomorrow and maybe do some activity there this weekend. Our wildlife sighting has consisted of two lizards and the residential cats that roam the hostel and we are so anxious to see some elephants"

Verity, Shona, Harriette, and Wanda

"Just a quick note to say that I am having a wonderful time here. The volunteer programme here is just what I was after – plenty of hands-on activities, working closely with animals and helping in the conservation of a species. There are 5 volunteers here at present (there were 7 until this morning) but there is plenty of work for everyone. The work is varied and enjoyable, and the staff here are very friendly"

Madeleine Roberts

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HOW TO BOOK:

Please complete a [booking form](#) online or you can send a postal booking from our free brochure. When we receive this, we'll telephone you to discuss the details and then start the exciting process of planning your trip!

We do hope you'll join us and are confident that you'll find this an incredible experience. Don't hesitate to contact us with any questions - we'll be happy to help you plan your exciting adventure!

You may also be interested in other courses with Travellers – please visit our [website](#) for details of all our projects. In fact you can choose from over 300 projects in 19 countries!

Make a Difference – Get Involved!



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