



## GHANA: SUMMER CAMP

**AKWAABA** - which means "welcome" - is never more meaningful than in Ghana. The Ghanaian people are among the friendliest in Africa. So ... **AKWAABA** to this beautiful country!

COME TO GHANA AND HAVE FUN WITH THE KIDS. Turn their school holidays into an enjoyable learning experience using games, hobbies and any creative activities at a Travellers Summer Camp that is free for the children.

### WHAT DO YOU GET?

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.
- Experienced local staff with 24/7 back-up and support who'll meet you at the airport on your arrival - helps you **feel safe and never alone!**
- An in-depth Induction makes you **feel local straight away!**
- A unique insight into another culture – **see it from the inside** in a way you could never do as a tourist.
- An opportunity to **make lifelong friends from all over the world.**
- And best of all ... **an unforgettable experience!**



### ► SUMMARY FACTFILE

<b>Start Dates</b>	This project runs between approximately 1st August until 10th September every year and can be combined with another project before or after this one.
<b>Duration</b>	From 1 week to 4 weeks, you choose how long you'd like to participate.
<b>Requirements</b>	No qualifications needed, just a love of children and of fun and games! Minimum age 17
<b>Price</b>	For up-to-date prices, please check our website <a href="http://www.travellersworldwide.com">www.travellersworldwide.com</a>
<b>What's included</b>	► Accommodation ► Food ► Meeting you at the Airport ► Transfer to your accommodation ► Transport to and from your project ► Full pre-departure support ► Local in-country team support and backup ► 24-hr emergency support ► Two free T-shirts.
<b>What's not included</b>	Flights, Insurance, Cost of Visas (if a visa is required, but we'll provide necessary documents and assistance), Return transfer to airport.
<b>Who can do this Project?</b>	All our projects are open to all nationalities. Unless otherwise stated, you need to be aged between 17 and 70+

## PROGRAMME OVERVIEW:

Children in Ghana have school holidays from the beginning of August until the middle of September. Unfortunately, many of the children come from poor families and they have very little in the way of resources to entertain themselves during the summer holiday. To help families who struggle to find someone to look after the children, or can't afford anyone to care for their children while they go work, Travellers set up a free Summer Camp for the children.

### The Summer Camp Programme

This is a special summer project which Travellers has set up to give the kids something to do during the holidays that will be fun for them and won't cost them a penny. The idea is to keep them entertained and perhaps teach them some skills at the same time.

The children love the Summer Camps - they're kept entertained and have somewhere to go during school holidays when there's no one around to look after them, and they get a meal and win prizes! The prize for our volunteers is the big grins across all the kids' faces :-)

Our first Summer Camp took place in 2005 at St Matthews School and they have been a great success for all involved! Since then, the volunteers all loved it because they got to really give hands-on attention to all the children in an informal setting. Volunteers have made comments like, "the best time of my life", "I loved every minute of it and I'm going to miss my children!" and the best one, "I'm coming back for next year's camp".

We provide equipment and materials for games, competitions and general fun stuff and we also make sure they get a meal every day (unfortunately, sometimes this is the only meal they get).

Hopefully you will make a real difference by introducing a fun, creative way for them to express themselves, learn about new things. Not only will this project bring you immense personal satisfaction but you will also get the opportunity to experience the magical, alive and intoxicating Ghanaian culture.

And the kids will be learning to build confidence and communication skill at the same time, so they'll not only have fun, they'll also benefit from the activity. These activities will also benefit the children by improving their team-work skills, social interaction and building their confidence.

The Summer Fun School will take place in the grounds of one of the local schools in Kwabenya and will be for children from all around the area, including other schools in the community. Kwabenya is a small town/suburb about forty minutes drive outside Accra city centre and a place where many of our teaching volunteers are based.

You will be left very much to your own devices, therefore being creative is very much a must. You may work with large or small groups of children, so you need to be diverse and organised, but you are encouraged to utilise any skills or passions you have, whether these are playing sport, music, drama or just games.

### Work Content

One of the obvious activities will be sports - as many varied sports as possible - plus various other children's activities, such as:

- Any ball games, like Football, Cricket, Basketball, Rounders or Netball
- Frisbee games
- Dancing - Ghanaians love to dance, so putting together a dance concert or dance competition would be fun
- Drama - Informal Drama productions is another activity that can be initiated - and all kids love play-acting!
- Music - teaching them to sing, to play an instrument and perhaps to put together a concert to be performed at the end of the holidays
- Magic tricks, juggling or circus-type activities
- Simple games like hopscotch, skipping, hula-hoops
- Arts & Crafts - here there are many options.



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- Any creative activities, like face painting
- Reading from story books
- Or anything else your imagination can dream up that will amuse the children.

The kids will be learning to use English at the same time, so they'll not only have fun, they'll also benefit from the activity. These activities also benefit the children by improving their team-work skills, social interaction and building their confidence.

You may work for only a few hours a day, or you may find that you want to devote more time to the children. The school will remain open during the holidays because they are also running extra-curricular academic lessons for the children who need them.

However, during the holiday period it is likely the school will have only one member of staff present as the rest of the staff are likely to be away on holiday. For this reason you will have the opportunity to become quite involved in the structure, running and development of the camp, which will require you to work on your own initiative for a lot of the time. For this reason, being creative is a must.

You may work with large or small groups of children, so you need to be diverse and organised, but you are encouraged to utilise any skills or passions you have, whether these are playing sport, music, drama or just games.

Past volunteers made a real difference by introducing a fun and creative way for the children to express themselves and learn about new things. You'll be rewarded by how much fun the children will have!

**So if you haven't got anything planned and you're free for a couple a weeks or longer this summer, why not come to Ghana and have fun with the kids!**

## LOCATION:

Accra, on the coast of the Gulf of Guinea, is both big-city hectic and African laid-back. Accra may not be one of the prettiest cities by Western standards, but there is something else this African city has that makes up for lack of planning and fancy buildings. It is a wonderful city to experience. It is full of character, has a warm feel, is extremely friendly and feels very safe. It also has some great beaches!

Spend a few hours in the breezy capital of Accra and you'll swear the wind and waves off the Gulf of Guinea have infused the land and people with equatorial warmth. It is a city that is young, wild and full of soul and here you'll sample the true African spirit. During the day, the streets are full of market stalls and vendors where you can browse and buy mouth-watering foods, colourful Kente Cloth, beads, or baskets. Don't forget to practice your haggling.

During the night the city comes alive with the traditional Ghanaian 'spot' bars and the sound of live drumming music in the warm night air. Village-specific festivals and events occur throughout the year.



## ACCOMMODATION & FOOD:

You will either stay in a host family or a family run guest house, depending on which area you are located in. This means that you will get to eat, sleep, work, socialise and generally live like a Ghanaian. Local family stays enable you to fully experience the local culture from the inside.

Many of our volunteers remain friends with their host families long after they leave Ghana and in some cases they return to the country later especially to visit their family. Sometimes members of their Ghanaian family have even gone to visit them in their home country.

They will look after you superbly and often our volunteers comment how they feel more like being part of the family than a guest! By far the vast majority will do their best to make you feel happy and part of their family.



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The houses are fairly basic but will have all the basic facilities like kitchens and bathroom, telephone, television, radio and running water.

**Food:** Food will be prepared for you and will consist of local cuisine - again this is to enable you to fully experience living as local Ghanaians do.

### VISAS:

Visas are required and must be purchased before departure. We'll liaise with you about your visa requirements, if any, and make the Visa process very easy.

### FLIGHTS:

You have the option to arrange your own flights or we can assist you with your flight arrangements. If you would like us to do this for you, we will liaise with you regarding available flights and dates to suit you. All arrangements for your flight bookings/payments will be fulfilled by [Murray Rogers Travel Limited](#), ATOL No. 6856.

### INDUCTION ON ARRIVAL:

When you arrive, you will be welcomed at the airport by our Ghanaian Organiser, who will take you to your accommodation. During your first few days you will be given an induction so that you can learn about Accra and its culture, as well as useful information like how to use the transport system etc.

### COSTS:

Please see the prices pages of our website [Full Price List](#). The price of this project is a reflection of the following costs:

- ✓ Accommodation
- ✓ Food
- ✓ Meeting you at the airport
- ✓ Transport to and from your project
- ✓ Local in-country team support and backup
- ✓ 24hr emergency helpline
- ✓ Full pre-departure support
- ✓ UK administration
- ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ Donations to worthwhile projects

### HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

For every volunteer, a donation is made by Travellers on your behalf into the [Bridge The Gap Foundation](#). This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.



### COUNTRY PROFILE:

The atmosphere in Ghana is extraordinary; with its run-down shacks, half completed buildings and people trying to sell you anything and everything. From the moment you step off the plane you realise that you have arrived in a very different place and you're about to have a completely new cultural experience!

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The country has an air of excitement as people strive for achievement and improved quality of life. It is a country that is full of hope and optimism. Ghanaians are proud of their culture and love welcoming people from outside to integrate and mix in with their local customs and way of living.

The air has an amazing aroma; a mixture of charcoal and local dishes cooking over an open pot. The sounds of the energetic tribal language being spoken around you will assure you.... you have landed in Africa!

Ghana is a country of cheerful anticipation. You will find that you are welcome anywhere and everywhere. The people are extremely friendly and hospitable and Ghanaians are proud of their culture and love welcoming people from outside to integrate and mix in with their local customs and way of living.

Ghana is an exciting modern African culture – open, musical and diverse. Although the country is poor, recently it has attracted new money and Ghanaians are returning from abroad and bringing new investment and ideas with them. Ghana is a stable country and truly delightful to work in and visit. It is now one of the most dynamic countries in West Africa. It was the first country in Africa to gain independence from the British Empire on the 6th of March, 1957, and today Ghana retains a remarkable sense of independence. The country is bursting with customs and tradition and has a long, rich history of crafts-people.

Ghana is very much isolated from what goes in the Western world. When walking around the streets of Accra (the capital city) you won't find any Beckham shirts, McDonald's or other touristy gimmicks; just real people living real Ghanaian lives. Ghana is warm, friendly and feels remarkably safe. You sense that you really are in Africa. Much of the attraction of Ghana results from its legacy as the centre of the gold, ivory, and slave trade during the 17th and 18th centuries, when the mighty Ashanti Empire held sway here. However, Ghana also possesses one of the best game reserves in West Africa, a multitude of good beaches, and plenty of hospitality.

For people who are looking to escape from the comforts and routines of our world and to enter a country that has a proud African culture and heritage, then Akwaaba [welcome] to Ghana.

There really is no 'best' time to visit Ghana, as the temperature is always Africa-hot and if rainfall doesn't soak you, then the humid air will. In the south there are two rainy seasons, from April to June and September to November. Temperatures range between 21 and 32 degrees C, highest in March and lowest in August. Whatever the season, the weather gets more arid the farther inland you go.

## THINGS TO DO IN: GHANA

- **The Makola Market** is a large and famous busy open-air market attended by traders from surrounding villages. Run by women traders, Makola is a place where you can buy anything you need - manufactured and imported foods, fresh produce, tools, medicines, shoes, and pots and pans.
- **The Osu Night Market** is illuminated by hundreds of lanterns and candles and is a great place to experience authentic Ghanaian Cuisine. Local dishes like banku and kenkey are cooked freshly and served with assorted grilled fish and prawns, all prepared while you wait.
- **Accra's National Theatre** where you can watch a musical show, play or dance performance, for a real Ghanaian experience!
- **Ghanaian Festivals** are annual events in each region. Enjoy drumming, dancing and feasting with the locals! Each region has its own affirmation of tribal values, the remembrance of ancestors and past leaders, and the purification of the state in preparation for another year.



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- **Safaris Galore!** Owabi Wildlife Sanctuary, Bia National Park, Bui National Park, Mole Game Reserve and Kakum Nature Reserve are all good options for hiking and exploring the savannah and rainforest. The Shai Hills Game Reserve can be explored on horseback.
- **Mole National Park** is a must see! Explore the largest and one of the best-equipped nature reserves. Visitors can explore either on foot or 4-wheel drive vehicle, but must always be accompanied by a guide. Camp and discover the area at will.
- **Beaches** are always a popular attraction. Labadi Pleasure beach, Kokrobite beach, Coco Beach Resort, Dixcove, Busua and Ada offer tropical palms, spectacular Atlantic breakers and swimming.
- **Lake Volta** Enjoy a round trip on the car ferry to Kete-Krachi to visit the largest manmade lake on earth; alternatively, take the three-day trip to the northern capital of New Tamale at the head of the lake. There are great facilities for water-sports.
- **Lake Bosomtwi** Is great for diving, swimming and mountaineering. Take a multi-day canoe trip through the mangrove jungle of the Ankobra River.
- **Aduklu Mountain** is a great place to visit for those who enjoy hiking. Tours are available through the Ministry of Tourism, and Afadjato Mountain in the Volta region attracts climbers of all ages. Mount Afadjato and Togbo Falls at Liati Wote are excellent for hiking.



## WHY GO WITH TRAVELLERS WORLDWIDE?

- Professional work experience placements
- 15 years' experience sending thousands of participants overseas, plus the largest variety of **flexible projects** that are **value for money!**
- Excellent support - second to none in the industry
- Accredited projects helps **appeal to future employers**
- Your own dedicated Project Co-ordinator to answer all questions prior to, during and after your **trip of a lifetime!**
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our **EXTRANET, available from anywhere, 24/7.**
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport.

## VOLUNTEER FEEDBACK:

*"We're still having a great time and I've really fallen in love with the children - I'm gonna miss them so much after summer camp finishes!*

*Everything is running smoothly and I am having an amazing time. Aloy (Travellers Ghana manager) and the principal, Mr Banini, have really supported us and helped with anything they can. We are all building up a really good relationship with the kids so even though it's hard the teaching is also really good fun. This morning as I walked down the last stretch of road to school a group of children from the summer camp saw me and ran towards me shouting my name at the tops of their voices. They all grabbed me and gave me a huge hug in the middle of the street - it was a great feeling and put a smile on my face for hours!!*

*In the afternoons after dinner there is a teacher that comes to teach traditional African dance and music to the children so that we can put on a performance at the end of the camp. The children love it and they are amazing dancers! Seh and I have been learning to play the African drums and hopefully if we get good enough we will be able to take part in the show!" - Jennie Elliott*

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## HOW TO BOOK:

Please complete a [booking form](#) online or you can send a postal booking from our free brochure. When we receive this, we'll telephone you to discuss the details and then start the exciting process of planning your trip!

**We do hope you'll join us and are confident that you'll find this an incredible experience. Don't hesitate to contact us with any questions - we'll be happy to help you plan your exciting adventure!**

You may also be interested in other courses with Travellers, or do other projects in Ghana – please visit our [website](#) for details of all our projects. In fact you can choose from over 300 projects in 19 countries!

## Make a Difference – Get Involved!



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