



## ARGENTINA: CARE FOR CHILDREN AT A CHILDREN'S HOSPITAL IN MENDOZA

**LATIN AMERICA ... THE ANDES ... THE IGUACU FALLS** Argentina is at once majestic and flamboyant!

The romance of Argentina takes one's breath away. From the magnificent Andes Mountains to the awesome power and beauty of the Iguazu Falls, your placement in this colourful country will be unforgettable



### WHAT DO YOU GET?

- An exciting, never-to-be-forgotten adventure into Argentinean life and culture.
- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.
- Experienced local staff with 24/7 back-up and support who'll meet you at the airport on your arrival - helps you **feel safe and never alone!**
- An in-depth Induction makes you **feel local straight away!**
- And best of all ... **an unforgettable experience!**



### ► SUMMARY FACTFILE

<b>Start Dates</b>	All year round – you choose your start and finish dates!
<b>Duration</b>	From 4 weeks to 1 year, subject to visa requirements
<b>Requirements</b>	Minimum age 18, no qualifications necessary just a love of children and plenty of enthusiasm!
<b>Price</b>	For up-to-date prices, please check our website <a href="http://www.travellersworldwide.com">www.travellersworldwide.com</a>
<b>What's included</b>	► Accommodation ► Food (excluding lunch) ► Meeting you at BA Airport ► Transfer to your accommodation ► Transport to and from your project ► Full pre-departure support ► Local in-country team support and backup ► 24-hr emergency support ► 2 free T-shirts.
<b>What's not included</b>	Flights, Insurance, Cost of Visas (if a visa is required, but we'll provide necessary documents and assistance), Return transfer to the airport.
<b>Who can do this Project?</b>	All our projects are open to all nationalities. Unless otherwise stated, you need to be aged between 18 and 70+

2A, Caravelle House, 17/19 Goring Road, Worthing, West Sussex, BN12 4AP, UK  
Tel: +44 (0)1903 502595 Fax: +44 (0)1903 708179 Email: [info@travellersworldwide.com](mailto:info@travellersworldwide.com)

TravelQuest Ltd t/a Travellers, registered in England & Wales, Registered Office:

7 Mulberry Close, Ferring, West Sussex, BN12 5HY, Reg No. 3072191. VAT registration: 786540201

## PROGRAMME OVERVIEW:

The Fundacion C hospital where you'll be located is specifically for very young children who suffer from malnutrition. Their mission is to combat infantile malnutrition and you'll work with the paediatricians, nutritionist, social worker and nurses to help the hospital achieve this aim. You'll help through giving meals to the children as well as playing, reading, singing, and stimulating them as they recover. No previous experience is required, just a love of children and a desire to help eradicate their malnutrition and become healthy again

### The Hospital Programme

The children attending Fundacion C have nutrition problems and require feeding every 3 hours. Sometimes the mothers also stay in the hospital with their children and they are taught how to give the children what they need in the way of nutrition to that when they leave the hospital, they hopefully won't ever have to come back. Each child has a very specific amount and type of food/formula that is prepared and labeled especially for that child at every mealtime. The children's weight, height and growth is monitored very closely during their stay and outpatient children also have their diet at home monitored.



### Work Content.

You'll work for as many hours as you choose, between 8.00 a.m. and 4.00 p.m. We suggest you work for about 3-4 hours a day, at least 3 days per week. However, you can work anything up to 7 days a week if you wish!

Some of the work you'll be involved with includes:

- Helping in the kitchen - this means preparing the meals to specific formulae for each child to combat that particular child's nutritional needs to ensure their recovery
- Serving the food, taking care to ensure that each child receives the food and/or formula mix that has been specially prepared for them. Generally, these undernourished children need feeding every 2 to 3 hours.
- Helping to feed those children whose mothers are unable to be at the hospital to help them eat.
- Playing with the children.

Playing with the children and entertaining them, as well as giving them love, attention and care, is a very important aspect of the project. The majority of children range from a few months to 5 years old, and if they are fretful, unhappy and insecure, it impedes their recovery. Your care and time spent with them will aid their recover. Your work in this area will also enable those mothers who are able to spend all their time staying at the hospital with their children to get some well-deserved breaks. Although the mothers are encouraged to spend all their time at the hospital, including sleeping there, in order to learn how to continue to properly feed their children after they leave the hospital, sometimes this is just not possible. The children of these mothers, in particular, need special care and attention.

There is a basket of mixed toys such as building blocks, kitchen sets, cuddly toys, etc., for you to use when playing with the children. However, there is no library of books as such to read to the children. We would ideally like to build up a reasonable library of books that can be used as we believe that not only will reading to the children keep them entertained, books can also be used to teach the children in an informal, 'non-study' environment. Colouring books are also very popular with the children.

It is very important to have an energetic positive approach to this volunteering project as lots of encouraging stimulation is as important for the children and the loving care and attention you can give them.

## LOCATION:

The romance of Argentina takes one's breath away. Argentina is geared up to thrill. Magnificent mountains, vast deserts, dense forests and the majestic Iguazu waterfalls - from the remote wilderness of the pampas to sophisticated Buenos Aires – Argentina is magnificent. Making up almost the entire southern half of South America it is the world's eighth largest country. The amazing array of landscapes includes some of the world's tallest mountains, most impressive deserts, and startling waterfalls. From the hot northern desert land and remote areas in southern Patagonia, to the bustling metropolis of Buenos Aires, Argentina has something for all types of traveler and visitor.

<p><b>CALL:</b> <b>+44 (0)1903 502595</b></p>	<p><b>EMAIL:</b> <a href="mailto:info@travellersworldwide.com">info@travellersworldwide.com</a></p>	<p><b>Click here to APPLY:</b> <a href="#">Booking Form</a></p>
---	---	---

## ACCOMMODATION & FOOD:

Accommodation will be arranged for you with a local host family, allowing you to have a better insight into Argentina and become integrated into life in the region of Mendoza. You will be provided breakfast and for dinner you will usually share a typical Argentinean meal with your family. Facilities in host families do vary but you will have the opportunity to express your preferences regarding the type of family that you stay with (for example, a family with/without children, pets etc.).

These families have been visited and vetted by Travellers and are with friendly and caring families who provide comfortable, warm and safe living surroundings. You'll most likely have access to TV/DVD and communal dining room and you will have your own key. This is an excellent way to improve your Spanish too! You will be met at the airport on your arrival by your family.

Argentine cuisine is an adaptation of Spanish, Italian, Middle Eastern and other European food, with a heavy emphasis on meat, in particular. Vegetarians are not all that common in Argentina, but can be catered for. Argentineans have a very sweet tooth and they like to indulge it with delicious ice cream, custard flans, pastries and cakes!

## VISAS:

Visas are not required for a stay of 90 days if you are a British Passport holder. If you're from another country, we'll liaise with you about your visa requirements, but don't worry if you do require one we will liaise with you and make the visa process very easy.

## FLIGHTS:

You have the option to arrange your own flights or we can assist you with your flight arrangements. If you would like us to do this for you, we will liaise with you regarding available flights and dates to suit you. All arrangements for your flight bookings/payments will be fulfilled by [Murray Rogers Travel Limited](#), ATOL No. 6856.

## INDUCTION ON ARRIVAL:

When you arrive, you will be welcomed at the airport by our Argentina Organiser, who will take you to your accommodation. During your first few days you will be given an induction so that you can learn about Argentina and its culture, as well as useful information like how to use the transport system etc.

## COSTS:

Please see the prices pages of our website [Full Price List](#). The price of this project is a reflection of the following costs:

- |  |   |
|--|---|
| ✓ Accommodation                            | ✓ UK administration   |
| ✓ Food (excluding lunch)                   | ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations) |
| ✓ Meeting you at the airport               | ✓ Project Research/Site Inspection  |
| ✓ Local in-country team support and backup | ✓ Staff Training/Equipment  |
| ✓ 24hr emergency helpline                  | ✓ Donations to worthwhile projects  |
| ✓ Full pre-departure support               |   |

## HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

For every volunteer, a donation is made by Travellers on your behalf into the [Bridge The Gap Foundation](#). This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

<b>CALL:</b> <b>+44 (0)1903 502595</b>	<b>EMAIL:</b> <a href="mailto:info@travellersworldwide.com">info@travellersworldwide.com</a>	<b>Click here to APPLY:</b> <a href="#">Booking Form</a>
---	---	---

## COUNTRY PROFILE:

**Mendoza**, set in the foothills of the Andes Mountains is excellent wine-country location and a paradise for adventure seekers and mountain sports enthusiasts!

**Latin America... The Andes.... Iguazu Falls...** Argentina is both majestic and flamboyant! **Buenos Aires** is one of the most exciting cities in Latin America. Dynamic and bustling, it is the city that never sleeps. Tango was born here, restaurants serve all manner of world cuisines, bars play the latest music, cafés spill on to the streets and nightclubs allow dancing throughout the night.

West of the Capital is another Argentina, the **pampas**, a great open plain home to cattle and sheep estancias (ranches). Far west of Buenos Aires lies the **Andes**, separating Argentina from Chile. The Andean provinces range from the high plateaus and steep and isolated valleys of the northwest to the lakes and forests of the Lake District and the glaciers of the far south.

Away from the Pampas, much of Argentina is covered by deserts: these range from the burnt landscapes of the **Chaco** and cactus expanses of the west and northwest, to the great steppes which cover most of **Patagonia**. The Atlantic **coastline** stretches south from Buenos Aires to Tierra del Fuego. The stretch just south of the capital is lined with **beach resorts**, the most famous of which is Mar del Plata, seen by Argentines as 'the Biarritz of Argentina'. The southern beaches are occupied by penguins and sea lions.

There are 4 clear seasons.....hot in summer, 35°C average and cold in the winter around 4 – 6°

## THINGS TO DO IN: ARGENTINA

- Visit one of the most spectacular sights in South America, the Iguazu Falls - an immense natural wonder dwarfing even Niagara Falls with its beauty and power. The falls divide into some 275 separate cascading waterfalls catching the light and creating a kaleidoscope of rainbows in their spray.
- Adventure and mountain sports enthusiasts should head to Argentina's biggest wine region, Mendoza. Set in the foothills of the Andes mountains, it's a paradise for adrenaline junkies.
- Dance the Tango! Enigmatic, sultry, elegant and exuberantly passionate. Getting to grips with this dance is no easy feat but Buenos Aires is certainly the place to learn.

## WHY GO WITH TRAVELLERS WORLDWIDE?

- Professional work experience placements
- 15 years' experience sending thousands of participants overseas, plus the largest variety of **flexible projects** that are **value for money!**
- Excellent support - second to none in the industry
- Accredited projects helps **appeal to future employers**
- Your own dedicated Project Co-ordinator to answer all questions prior to, during and after your **trip of a lifetime!**
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our **EXTRANET, available from anywhere, 24/7.**
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport.

## VOLUNTEER FEEDBACK:

*"I have been very impressed with Travellers staff who are always interested in how I am getting on and willing to help if I need it."* Jess Corbett

*"First impressions are great! Made some friends quickly and the organisers here are also very professional."*  
Jitesh Parikh

<b>CALL:</b> <a href="tel:+441903502595">+44 (0)1903 502595</a>	<b>EMAIL:</b> <a href="mailto:info@travellersworldwide.com">info@travellersworldwide.com</a>	<b>Click here to APPLY:</b> <a href="#">Booking Form</a>
--	---	---

*"I'm having a really wonderful time! I feel that I'm independent and free whilst still having a safety net to fall back on if anything goes wrong. It's very nice to know that there are also people from the company out here to help if there are any problems. I thought 1 month would be more than enough time but as soon as I arrived I realised I wanted to stay so much longer!" Zahra Al-Nugaidi*

## HOW TO BOOK:

Please complete a [booking form](#) online or you can send a postal booking from our free brochure. When we receive this, we'll telephone you to discuss the details and then start the exciting process of planning your trip!

**We do hope you'll join us and are confident that you'll find this an incredible experience. Don't hesitate to contact us with any questions - we'll be happy to help you plan your exciting adventure!**

You may also be interested in other courses with Travellers, or do other projects in our other destinations – please visit our [website](#) for details of all our projects. In fact you can choose from over 300 projects in 19 countries!

## Make a Difference – Get Involved!



CALL:  
**+44 (0)1903 502595**

EMAIL:  
[info@travellersworldwide.com](mailto:info@travellersworldwide.com)

Click here to APPLY:  
[Booking Form](#)