



TEACHING

English and various other subjects

SOUTH AFRICA

ADDITIONAL INFORMATION

South Africa has everything ...

- ◆ Sun, sparkling warm and clear oceans, and the most beautiful golden beaches you will ever see ... stretching for miles.
- ◆ Mountain climbing, biking and hiking
- ◆ The *Garden Route*, world famous and sheer paradise!
- ◆ Outstanding Game Reserves where you can see wild animals in their natural habitat, and by contrast symmetric vineyards stretching to infinity
- ◆ Sharks, whales and dolphins, and the amusing Cape Fur Seals.
- ◆ Elegant restaurants, barbecues and beach parties
- ◆ And FRUIT everywhere!



But most of all, South Africans are the friendliest and most hospitable people in the world - without a doubt! If you're invited to dinner ... don't eat for a week beforehand because you'll be overfed, especially if it's a barbecue. Wine is cheap and good. The salads are to die for.

And - of course - the fruit! From the exotic to the commonplace, it's everywhere.



TEACHING IN SOUTH AFRICA

We help schools in a few different locations, each with its own unique attractions and experience.

You can **combine two or three different projects** to gain a broad Africa experience.

You don't need any qualifications to teach on any of these projects.

You can also **teach a variety of subjects**, including Conversational English (or your home language), Music, Drama, Sports, IT, Design Technology and many other Academic subjects

Many of our volunteers have shed oceans of tears when they've completed their placement and it was time for them to leave, and it's not uncommon for their entire classroom to climb into the school bus to go and see them off at the coach station – complete with banners thanking the volunteer for their help, and sometimes clinging to their hands because they don't want them to go. It's no wonder the tears flow freely!

We offer various teaching placements, in different parts of the country and each one has a different vibe! You will find information about each project in this document.

1. Teaching Zulu children in eMakhosini in KwaZulu-Natal. Here you can also Coach Sports and/or Music & Drama
2. Teaching township children in Knysna, Plettenberg Bay or George on the Garden Route. Here you can also Coach Sports and/or Music & Drama, or Design Technology
3. Teaching in the rural location of Khanyisa in Limpopo Province. Here you can also Coach Sports and/or Music & Drama
4. **Teaching in Cape Town now available! Please contact us for details.**

TEACHING IN e-MAKHOSINI IN KWAZULU-NATAL

The hospitality, warm welcomes and rich culture make KZN an absolutely unbelievable place to visit. Something grabs your soul when you arrive here, and stays deep inside you when you leave. It has most certainly stayed in mine. Jim Morel – South Africa Assistant Manager, on one of his project inspection trips to KwaZulu-Natal-2005.

This is a wonderful project in the beautiful region of KZN. You will be living and working with the Zulu community of e-Makhosini (which mean Valley of the Kings in Zulu). This placement will not only be very rewarding from a teaching perspective, but should also expose you to the great Zulu culture and a broad variety of other topics such as history, archaeology and conservation.

The community you will be working in is one of the most exciting places in terms of tourism development in South Africa. The area is very poor from a social economic perspective but very rich in terms of its natural and cultural resources. The Premier's office of KwaZulu-Natal has identified the area as a priority in terms of economic and social upliftment and the conservation and utilisation of the rich cultural and natural resources.

YOUR WORK

Your teaching will be focused on the standard conversational English or any other subject that you have knowledge in, and your interaction will teach life skills like numeracy and English literacy. The schools you will be working with are also currently in the process of acquiring computers and a computer teacher. Even the most basic computer literacy skills are lacking here and anything from using Windows to the technical aspects of keeping equipment dust free can not be put to good use. They are hungry for computer knowledge and taking some computer games or programmes with you will be much appreciated.



Sports skills and equipment is also a dire need. The kids love getting involved in new games and need the physical activity. You will often find local community members will also join in. Any old sports equipment such as balls and cricket bats and wickets would be good items to pack in your suitcase. There is no formal sports ground as it is very dry and water access is limited, so the kids play on an open field close to the school.

School hours are from 8.00 until 14.00 and quite often there are after-school activities. Football and Netball are both taught at the school but the school is open to new sports if the opportunity arises. Volunteers are encouraged to use their own skills and interest to start after school activities such as drama clubs, chess clubs, sports, etc.

On your first day of teaching you will be taken to the schools that we help and introduced to the Principal, the teaching staff and pupils.

You will have weekends free and this will also allow some time for travelling and sight seeing. As public transport in these rural areas are limited, you will have to hire a car if you wish to go away for a few days.

TEACHING SPORTS

If you'd like to teach sports, you'll be able to do so, combined with teaching the children other subjects. At this time sports is not a stand-alone project, but the schools need help with sports and physical education activities. The following sports are currently already being played:

- Soccer
- Netball



The schools are very interested in starting the cricket and hockey for boys and girls alike, but don't currently have any equipment. Also, they have a field that has been donated to the school for use as a sports field, which is currently a dirt/clay track. However, because of the weather and lack of water, they can't plant grass successfully, so Travellers (via their charitable arm of the Phil Perkes Trust, will be assisting in providing and raising funds to lay down some astro turf and some hard courts for the netball.

The bottom line is, the schools would really appreciate it if those volunteers who have the skills could also assist with coaching sports to the children during their teaching programme.

TEACHING MUSIC & DRAMA

If you have talents in Music or Drama, you can help to pass these on to the children. Your work on this placement will contribute substantially to developing structured programmes in teaching, Music & Drama, Sports and IT - you'll be helping to give the children access to knowledge they don't get now - you can help change their lives forever!

SCHOOL HOLIDAYS 2007/08

Dates for the school terms (semesters) are given below.

THE 2007 SCHOOL TERMS ARE:

1st Term - 18 Jan to 31 March
2nd Term - 10 April to 23 June
3rd Term - 17 July to 22 September
4th Term - 02 Oct to 01 December

THE 2008 SCHOOL TERMS ARE:

1st Term - 16 Jan to 20 March
2nd Term - 14 April to 27 June
3rd Term - 14 July to 26 September
4th Term - 06 Oct to 05 December

ACCOMMODATION

You will be living in a farmhouse overlooking the village. Surrounded by bush and thickets of indigenous trees, the house is set in the eMakhosini Reserve, an enormous consolidation of rural settlements and land which the community has retrieved to protect it from modern day development.

You will be living with Neo, who will also look after you while you are on this project. Neo was a co-ordinator for archaeology groups and has also quite a responsible position within AMAFA (the provincial heritage conservation agency for KwaZulu Natal) and has been with them for a long time.

The house is very basic. No telephone or internet or TV. It is self catering so you will have to cook own food and you will be given a monthly budget for this. The house has two bathrooms and two toilets. There are seven bedrooms, one of these is Neo's; and the remaining six rooms can accommodate at least two volunteers each. The house is approximately 40 minutes from Ulundi town and not within walking distance. Neo will take you into town on a regular basis to stock up with supplies.

Feedback from Katya Loftus and Stephen Sherring, Teaching volunteers in e-Makhosini - July 2006

What experience did you feel you gained?

We both developed as people which sounds cheesy but really is true. We were accepted in the close knit village, most people had never interacted with a white person before let alone 2 English people, this acceptance boosted our confidence so much and opened our eyes to a different culture and a different way of life and has changed our perspective on life forever.

What is the best thing about your placement?

The children were definitely the best part of our placement. Every single child was totally different and each and every one was special in their own way. If ever we had a day where we felt low or homesick they would have a smile or a hug for you that would just get rid of every worry we had (not that there were many in such a beautiful place!)

Would you recommend this placement to anyone else?

Yes definitely. It is a life changing experience!!!!

What type of person do you think this placement would suit?

I think this project would suit most people, however we would



recommend that 2 or more people went together as the lack of amenities/ access to communication would be difficult for a solo traveller.

Was there anything that you weren't told before you went away that you think future volunteers should know?

Although we were made aware of how remote it was we didn't realise HOW remote it was. It didn't particularly affect us as we were integrated into the community, but it should definitely be emphasised to any interested volunteers that there is absolutely nothing to do or nowhere to go in the evening, and arriving without knowing this may be a shock and off putting to volunteers.

Teaching is NOT available during school holidays and most of our volunteers use this time to do some independent travelling and sightseeing.

TEACHING ENGLISH, DRAMA OR SPORTS IN THE CAPE

"Not only are you seeing changes in the children through your teaching but changes in yourself being exposed to a foreign culture. I can't tell you how differently you see the world when you live in another country--it is something everyone should experience, especially in such a beautiful, friendly country as South Africa!" Kara Heubi – Teaching volunteer in Knysna – April 2005 and May 2006



The Garden Route area is famous throughout South Africa for its beauty and is a favourite resort for holidaymakers and weekenders. It is situated in the Western Cape Province and is very central, lying halfway between Cape Town and Port Elizabeth (see map below). The majestic Outeniqua Mountain lies to the north and the Indian ocean to the South, giving the area a very moderate Mediterranean climate.

Knysna is a lovely holiday resort town, very popular among South Africans and international tourists alike. It is situated in between George and Plettenberg Bay, and is very famous for the beauty its lagoon. The atmosphere is very relaxed and you will find plenty to do in and around Knysna.

Plettenberg Bay is a wonderful little town situated about 20 minutes away from Knysna. The drive from Knysna to Plettenberg Bay is beautiful in itself, with baboons hitchhiking on the side of the road, wild forests and friendly faces everywhere. If talking about Plet (as South Africans call it), let's not forget to mention the beauty of its white sand beaches...

George is a small town with a country atmosphere and a sophisticated infrastructure with banks, conference facilities, businesses, major shopping chains, transport and sporting facilities. The local economy is based on forestry, farming, light industry and tourism. The wonderful medical and educational facilities attract people from all over the country.

YOUR WORK

Most of the schools we work with are State schools and both secondary and primary. You will generally be asked to help out with any age groups. You are, in fact, very likely to be in popular demand everywhere - in and out of the classroom. In Knysna, Plettenberg Bay and George, most of the schools are situated in the townships on the outskirts of town.

On your first day of teaching you will be taken to one of the schools that we help and introduced to the Principal, the teaching staff and pupils. You will be made very welcome by all! Your key immediate contact will be the School Principal who may deal with your specific programme personally. He or she will have been fully briefed by our staff but will want to discuss your programme with you before any final decisions are made.

Standards are generally very high, but in most of the schools we work with, materials and resources may be scarce; however, working conditions are good. The enthusiasm of the students and colleagues more than makes up for any hardships.



School starts around 8 AM and finishes at about 2 PM. You will have weekends free and this will also allow some time for travelling and sight seeing. If you would like more time to travel during, or after your teaching, either let us know before you leave, or speak to Bill, our Manager in South Africa, and he will try to arrange it with the school.

Teaching English and other subjects

You will normally be asked to stand up in front of a class and teach conversational English, or assist the teacher while the English lessons - you are not expected to be an expert on grammar or literature; the important thing is to help people speak English. In most of the schools, you will also be able to help with other classes such as Science, Maths, Geography, Music, Arts and Culture, Sports, etc. You could be teaching in more than one school.

The *Teaching Suggestions Booklet* which we provide you with has ideas for teaching English, but will also help structuring lessons in other subjects. Video facilities are available in some schools and audio equipment is quite commonplace.

Teaching Drama

Teaching drama in the township school was an amazing experience, it increased my teaching skills by 100%. The children responded so well which made the whole experience extremely rewarding. Nicola Sterry –Drama volunteer – Knysna - October 05.

In South Africa, Drama classes are part of Life Orientation lessons. These classes are part of the curriculum and the purpose is to develop enthusiasm, self esteem and communication and social skills. With a lot of creativity and initiative, you can organise various activities based on drama and arts which are always very popular with the kids, such as drama workshops, afternoon drama activities, putting up small scale productions, and of course, you can use drama while teaching English as it makes it more fun to learn!

Volunteers wanting to teach drama should be prepared to teach other classes as well, such as English, Sports or even Music as drama classes might not completely fill the time table. You also need to remember that much of the project's success will depend on your enthusiasm and initiative.



Teaching Sports

Sports is a very important part of a child's development, helps them to develop and get away from the classroom and books. It is also a fun way to learn English! Sports classes are also run in conjunction with the Life Orientation classes and you will be able to help with a variety of sports, depending on your skills and interests! Sporting ground and facilities will depend on the school you're placed at. You might also be asked to help out with other classes such as English. If you are coaching sports in Knysna, you will also be able to help out with the Knysna Sports School in the afternoons (please see below).

TEACHING DESIGN TECHNOLOGY IN KNYSNA

"Not only are you seeing changes in the children through your teaching but changes in yourself being exposed to a foreign culture. I can't tell you how differently you see the world when you live in another country--it is something everyone should experience, especially in such a beautiful, friendly country as South Africa!" Kara Heubi – Teaching volunteer in Knysna – April 2005 and May 2006



Design Technology has always been an important part of development and learning for children in the United Kingdom. It enables children to become free thinking, creative and helps children to actively use their imagination. Design Technology, in other aspects, also enables children to break away from the usual text book rituals which dominate so many classes in Africa.

Walk around the streets anywhere in Africa, but especially in the townships, and you'll be overwhelmed by the creative talent in the communities, from the Craftsmen who make cooking pots from discarded oil drums on the road side, to souvenirs. If you look at the shanty houses, you'll be impressed by the initiative used in putting them together.

Design Technology was introduced in South Africa into the curriculum back in 2000. It has proven to be extremely popular amongst the children. The problem is, many of the poorer township schools have been poorly educated about the subject, and are in desperate need for people with design experience to come with their own ideas and hopefully help nurture a new generation of design thinkers in South Africa.

You will probably work in one of these two schools: Percy Mdala or Knysna High School. You will find Knysna High has similar standards to those in the UK and you will work along side the teachers at the school. Working there is a good opportunity to gain a feel for the subject and at the same time, you will find the school to be extremely keen to learn as much as possible about Design Technology in the UK.

Percy Mdala is a Black Xhosa Township School. It is a lot poorer than Knysna High and lacks many of the facilities and resources. Although you will have plenty of help and support at the school, you will have to be a lot more independent and use many of your ideas.



This is an excellent placement for anyone studying or has good knowledge of Design Technology. By helping the children have a greater knowledge of the subject, you will find that the teachers will be extremely grateful for the support and knowledge as for them this is a subject the schools are still learning about.

YOUR WORK

You may find while teaching that you will also be asked to help with English especially with the poorer schools. You will normally be asked to stand up in front of a class and teach conversational English - you are not expected to be an expert on grammar or literature; the important thing is to help people speak English. In most of the schools, you will also be able to help with other classes such as Science, Maths, Geography, Music, Arts and Culture, Sports, etc, but this is optional and it is only if you feel confident. What you are out there most importantly is to help with Design Technology.

On your first day of teaching you will be taken to one of the schools that we help and introduced to the Principal, the teaching staff and pupils. You will be made very welcome by all! Your key immediate contact will be the School Principal who may deal with your specific programme personally. He or she will have been fully briefed by our staff but will want to discuss your programme with you before any final decisions are made.

Standards are generally very high, but in most of the schools we work with, materials and resources may be scarce; however, working conditions are good. The enthusiasm of the students and colleagues more than makes up for any hardships.

School starts around 8 AM and finishes at about 2 PM. You will have weekends free and this will also allow some time for travelling and sight seeing. If you would like more time to travel during, or after your teaching, either let us know before you leave, or speak to Bill, our Manager in South Africa, and he will try to arrange it with the school.

The *Teaching Suggestions Booklet* which we provide you with has ideas for teaching English, but will also help structuring lessons in other subjects such as Design technology. Video facilities are available in some schools and audio equipment is quite commonplace.

Afternoon activities in Knysna:

Once school is finished you will have the opportunity to help out at various projects in Knysna.



Soup Kitchen (photo on the left): this project was set up by Benjy who used to be a street-kid. His aim is to encourage the kids in the township to aspire to more than drinking, doing drugs and begging on the streets. For the moment, he is providing the kids with a place to come in the afternoon to receive some food and play. Volunteers are very popular with the children and you will probably spend most of your time with at least one child in your arms!

Children's Home: volunteers really enjoy helping out at a children's home situated in one of Knysna's townships. Here they help the children with their homework, play with them, sing songs or simply give them lots of affection!

Sport School: this sport's school was set up to provide after school sports activities to boys and girls from various schools around Knysna. Keith, who runs the sports school, is of course a very keen sportsman and appreciates any help he can get!

I felt that the project provided a varied experience. The soup kitchen and orphanage were very rewarding and gave a good insight into life in the Townships. The greatest experience I gained was within the school, the children were welcoming and friendly and I felt that in the two months I was there I learnt a lot about the culture and got to help with the classes in various ways. Alexander Dorrian – Teaching volunteer in Knysna – April 2006

SCHOOL HOLIDAYS 2007/2008 IN THE CAPE:

Dates for the school terms (semesters) are given below.

THE 2007 SCHOOL TERMS ARE:

Term 1 17 Jan to 30 March
 Term 2 16 April to 29 June
 Term 3 16 July to 21 September
 Term 4 1 Oct to 30 November

THE 2008 SCHOOL TERMS ARE:

Term 1 16 Jan to 20 March
 Term 2 14 April to 27 June
 Term 3 14 July to 26 September
 Term 4 6 Oct to 5 December

Teaching is NOT available during school holidays and most of our volunteers use this time to do some independent travelling and sightseeing.



YOUR ACCOMMODATION

If your teaching placement is in Knysna, you will live in one of the volunteer houses with other Travellers volunteers. You will most probably be sharing a room with other people. It will depend on how many people are there at the same time as you. Both houses are very comfortable and situated at walking distance from the town centre. Whether you are placed in the big volunteer house or in the town house (smaller), breakfast and lunch will be laid out for you to help yourself and evening meals will be cooked for you.

If your teaching placement is in Plettenberg Bay, you will more than likely live in a hostel. You will share a room with other Travellers volunteers. The hostel is beautifully set in a modern house and is situated very close to the pretty town centre of Plettenberg Bay. You will need to prepare your own food and a food allowance will be given to you for this.

If your teaching placement is in George, you will stay with a local family. Very often this is with a teacher from your school. Family accommodation gives you the opportunity to experience genuine home life in South Africa, and you'll find the people very hospitable and friendly – amongst the friendliest in the world. In our experience, families tend to "adopt" our Travellers volunteers and it has also happened in the past that some families have taken our volunteers on holiday around parts of South Africa.

Please note, though, that occasionally the accommodation and houses that we use may change owing to availability, so the facilities you can expect may change accordingly.



"Thank you so much for all the time and effort you have put into making this a fantastic stay for us. We will never forget this experience!" Cat Dunlop and Liz Lunn



LOCAL ATTRACTIONS

- The Garden Route, possibly the most beautiful stretch of coastline in the world.
- The Cango Caves, a truly awesome cave system and a must on your sightseeing list.
- Oudtshoorn, home of the ostrich farms.
- The Drostdy, the graceful building that houses a museum
- The George Museum
- The Old Slave Tree, a 186 year old oak tree with a chain embedded in its trunk - a reminder of a history best forgotten.
- The Crocodile breeding farm
- The Bado Kodogo Bird Farm with 400 aviaries and 150 different species.
- Victoria Bay and Herold's Bay, renowned for surfing, bathing and fishing.
- Two superb Golf Courses and numerous other sports facilities, including flying, gliding, squash, horse riding, tennis, hiking and mountain biking.
- And fruit everywhere!

TEACHING ENGLISH, DRAMA OR SPORTS IN THE LIMPOPO PROVINCE

I drive past giraffes and zebras on the way to work nearly every day, have monkeys playing at home in the garden late at night, work with a variety of kids who always bring a smile to my face because they are so happy (remember-some of these kids have no parents, no money, no homes, etc) and im now starting to make a bit of a difference at the school by helping all staff with the different teaching strategies the teachers can use in class such as rewards systems, individual targets etc...



The teachers really don't have any form of training so need help in developing the children abilities.... Anyway i wont bore you with that stuff... I'm going to Zambia in a week or two to see the Victoria Falls and I've loads more to tell you but cant be bothered right now.... love y'all. Sam Rigby – Sports Volunteer – Khanyisa – July 06

On this project, you will be teaching at the Khanyisa Education Centre, in the tranquil and beautiful province of Limpopo. A highly motivated team of professional teachers offers around seven hundred pupils from Grade 0 to Grade 12 (pre-primary till high school), the highest quality of education and facilities in the region. Apart from the standard national curriculum taught, Khanyisa also excels in furthering special talents such as sport, drama, music, culture, IT etc. All of the teachers at the centre are highly passionate about teaching and passing on of valuable information and life skills to their learners.

YOUR WORK

You will work from Monday to Friday. School usually starts at 7:00 and finishes at about 14:00 but you could find optional sports and drama available in the afternoons, during the week.

If you want to teach English, you will normally be asked to stand up in front of a class and teach conversational English - you are not expected to be an expert with grammar or literature; the important thing is to help people speak English.

Besides English, the schools welcome assistance with any of the following: Maths, Geography, Science, History, Life skills, Health and Hygiene, Accountancy, Biology etc



Although you will be based at Khanyisa, you could be teaching in more than one school as they are involved with a number of other neighbouring schools. Most of the schools are State-governed and both secondary and primary. You will generally be asked to help out with any age groups. You are, in fact, very likely to be in popular demand everywhere - in and out of the classroom.

If your passion is drama or/and music, you will find plenty to do at Khanyisa! The performing arts talent coming out of this school are remarkable and encouraged greatly by the school. Volunteers can be actively involved in the continual development of these subjects, pairing with general assistant teaching. Khanyisa School have a brilliant variety of musical instruments and a healthily stocked music room. From drums to violins, this school is well equipped with the help of a lottery grant funding last year however there is a distinct lack of qualified music teachers.

If you are a sports lover, there is no better way to volunteer than sharing your passion with equally enthusiastic children under the sunny skies of South Africa! Khanyisa is by far, the frontrunner in the Limpopo region for their sporting achievements. People with a drive for sport will be warmly welcomed and would also be encouraged to 'take over' the logistics of forming teams, and even leagues within the surrounding area's schools.

As Travellers Sports Volunteer at Khanyisa you might find yourself involved in any number of sports such as Soccer, Cricket, Netball, Basketball, Volleyball, Swimming, Track and Field Athletics and Cross Country Running. Your preferences and experiences will dictate what sports you concentrate on.

Travellers has recently taken on a professional and experienced Sports Coordinator in South Africa to set up an excellent coaching program. As a Travellers sports volunteer at Khanyisa you will concentrate on your chosen sport and will have the option to be flexible to coach other sports as well.

While teaching at Khanyisa, you can also get involved with the many **Outreach Programmes** the school is involved with. Many of these projects are located in the neighbouring rural areas. The programmes are conducted by 'mentor groups' made up of volunteer pupils from the school who want to help. They go out to the projects, which are diverse in nature, and generally interact with the children to help improve their standards. The school also makes donations to the projects, as well as the hands-on work done by the volunteer children.

YOUR ACCOMMODATION

All volunteers will live together in a house owned by the school which is situated in the residential area of Kremetart, which is about a 10 minute drive from the school. The house consists of three bedrooms with bunk beds, a bathroom with toilet, a separate shower room a kitchen and a lounge/diner area with TV. A few of the Teachers from the school also live nearby.

In Kremetart there is a basic grocery shop as well as a small local pub with a big screen TV. Other than this, socialising revolves around the many braai's - the name for the legendary South African barbeque!



ABOUT LIVING IN LIMPOPO

Limpopo Province is situated at the North-Eastern corner of South Africa. A unique feature of this province is that it shares international borders with three countries: Botswana to the west and north-west, Zimbabwe to the north, and Mozambique to the east. On its Southern flank, the province shares borders with the province of Gauteng, with its Johannesburg-Pretoria axis, the most industrious metropolis on the continent. Thus Limpopo province is placed at the centre of the vortex of developing markets, regional, national and international.

Limpopo is renowned as the province of peace. It is endowed with bountiful natural resources, including 54 provincial Game Reserves and many private ones as well.

FEEDBACK from Felicity Hunt-Taylor – Teaching volunteer at Khanyisa – April 06

What experience do you feel you are gaining?

I feel that I have gained a good experience in teaching. I have helped children who are way behind others in class in terms of their standard of English which has been really rewarding. I feel Geert and I have established a good foundation for other volunteers to come and teach drama, not only to Khanyisa learners but also to children in the surrounding poorer schools.

So far what is the best thing about your placement?

Being able to get involved in such a variety of things, from writing and directing a play to introducing gymnastics... and being called Miss Taylor!

What type of person do you think this placement would suit?

Someone with a lot of patience who is willing to accept that things run quite slowly out here. At the same time they need to have a passion for what they teach and a willingness to adapt to anything thrown at them. For example I was asked two minutes before it started to be the judge for a debating tournament with no experience under my belt what so ever. It was great fun though. The best type of person for this placement is someone that will throw themselves into anything going because there certainly is a lot to get involved with out here.

**Can you describe a typical day? (e.g Start time, morning duties, lunch hours, afternoon duties, any other duties....)**

Morning meeting. 8.15 until 10.15 teaching half an hour remedial lessons. Break until 10.30 followed by more remedial lessons until 12.00. Drama lesson with one of the grades at 12.15 until 1.15. Then afternoon activities. I did Drama, House plays, and Gymnastics. On some days we left at 11.45 to teach Drama at local schools until 2 pm.

GENERAL INFORMATION ON SOUTH AFRICA

South Africa is a very modern country in most aspects. Anything that can be obtained in Europe can also be obtained in South Africa - and probably a lot cheaper! It is a very outdoors way of life in South Africa, with walks on the beach, outdoor cafes and restaurants, braais (barbecues), swimming and surfing, etc.

Food is cheap, public transport is cheap, taxis are cheap, and entertainment is cheap! South Africa has all the usual satellite TV channels, English-speaking newspapers, Magazines, etc. South Africa is full of all kinds of culture, from Jazz, Folk, Rock and Country to Symphony Orchestras and Ballets, and all of it is affordable. On a personal note, take good, comfortable sandals/shoes because you are surrounded by mountains and beaches and lots of places to hike, trek, ramble, climb, and generally enjoy on foot.



But most of all, South Africans are the friendliest and most hospitable people in the world - without a doubt! If you're invited to dinner ... don't eat for a week beforehand because you'll be overfed, especially if it's a barbecue.

**SOUTH AFRICAN FOOD**

South African food is excellent and generally of a very high standard. You'll also find a wide variety of ethnic dishes and you must try the traditional South African foods, such as:

- Boerewors (a very flavoured sausage unlike any other you've tasted – it's wonderful!),
- Malayan curries and rooties (curries which have evolved over generations to become typically South African). Rooties are curries served in a pastry casing which you eat with your fingers.
- Pickled fish - a tinned curried fish with onions which has a unique flavour.
- Smoked snoek – similar to smoked mackerel but more chunky and flavoursome.
- Biltong – this is meat which has been salted, dried and smoked. You can chew on it for hours! BUT you'll either love it or hate it.
- Barbecues (known as a *braai*, or *braaivleis*). This is probably the best way of eating in South Africa. Friends get together around the fire, drink lots of wine and beer (and even dampen down the flames by trickling wine over the meat and letting the drips put out any unwanted flames – adds a tremendous flavour to the food!)
- All the usual liquid refreshments are available, including some rather exciting ones such as ice-cream floats (cold drinks with ice-cream on top, sipped through a long straw), iced coffee (excellent!) and iced chocolate (even better!). These are ice-cold coffee or chocolate drinks with a scoop of ice-cream, topped with cream and sprinkled with chocolate or coffee. Very refreshing on a hot day.

Restaurants are superb and very, very cheap! With local beer costing only 70p and coca cola 45p, a good night out is cheap! Wine is also very cheap and very good. There is an excellent selection of fresh fruit. Many houses have fig trees or loquat trees that hang over onto the pavement and passers-by just pick some as they walk along. The water is safe to drink; however, it is always sensible to check by asking the locals when outside a town. Bottled drinking water is also readily available.

As with many volunteers, the children were the highlight of the whole trip. Eager to just stroke you or play with your hair, a hug would bring huge smiles to their faces – their positive attitude towards everything was just infectious. I had so much fun spending time with all the children, when they achieved even the littlest of tasks they were so proud they just wanted to show you everything and that's a lot when you have 10 grade R children tugging for your attention. I also loved living in the volunteers house-the fun, laughter and trips we shared formed unforgettable memories. Zadie Stock – Teaching Volunteer in Knysna



ON ARRIVAL IN SOUTH AFRICA:

You will be met at the airport by our Cape Town Manager or one of our staff, who will take you to your accommodation and introduce you to everyone.

They will also take you to your place of work and introduce you there. Our SA team is on call 24/7 if necessary, and are always there to help you in many different ways. Of course, they are in regular contact with you.

The next step...

If you would like to join us on one of our exciting projects then please fill in either an online application form at our website (www.travellersworldwide.com) or one that is attached to our brochure. Once you have booked and confirmed your place we will send you detailed pack information regarding your placement and country.

I do hope you join us and please do call or email if you have any questions at all about this or any of our other projects – 01903 502595 or email info@travellersworldwide.com

If you would like to know more about Travellers in general, or about any of our other projects we run in over 18 countries worldwide, please visit our website at www.travellersworldwide.com

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